



OPEN GYM, BIRTHDAY PARTY, & SPECIAL EVENTS LIABILITY WAIVER

1. Participant Information

- Participant Name: _____
- Date of Birth: _____ Age: _____
- Parent/Guardian Name (if under 18): _____
- Emergency Contact Phone: _____

2. Acknowledgment of Inherent Risks

I, the undersigned, acknowledge that participation in gymnastics, trampoline, and tumbling activities involves inherent risks that cannot be fully eliminated.

- I understand that these risks include, but are not limited to:
 - Physical Injury: Sprains, strains, fractures, concussions, and dislocations.
 - Catastrophic Injury: Permanent paralysis or death resulting from falls or improper landings (e.g., on the head or neck).
 - Equipment Risks: Potential failure of mats, springs, or foam pits, and collisions with other participants.
- I understand and acknowledge that "Open Gym" is an unstructured, non-instructional, and self-directed activity. I recognize that unlike a scheduled class, there is no formal coaching, spotting, or progressive instruction provided. Participants are responsible for their own safety and for staying within the limits of their personal skill and fitness levels.
- I voluntarily assume all risks, known and unknown, associated with the use of the facility and equipment.

3. Release and Waiver of Liability

In consideration of being allowed to participate in Open Gym, I hereby release, waive, hold harmless, and discharge **Edge Athletics, LLC**, its owners, employees, and agents from any and all liability for personal injury, property damage, or wrongful death caused by ordinary negligence. This includes, but is not limited to, negligence in the maintenance of the facility, equipment, or the general supervision of the premises.

4. Medical Consent & Insurance

- I certify that the participant is in good physical health and has no medical conditions that would prevent safe participation.

- Emergency Medical Authorization In the event of an injury or medical emergency, I hereby authorize **Edge Athletics, LLC** staff to take any steps they deem necessary to ensure the participant's safety, including the administration of first aid and the summoning of emergency medical services (911). I agree to be solely responsible for any costs associated with medical transportation or treatment.
- I certify that I currently have medical/health insurance for the participant(s) and I agree to be solely responsible for any medical costs associated with any injury that incurred at **Edge Athletics, LLC**.

5. Rules of Conduct

- I agree to abide by all posted safety rules and verbal instructions from staff. I understand that Open Gym is not a structured lesson and that staff are present for safety supervision, not technical coaching. Flip attempts, use of the high bars, or foam pit entries must be done within the participant's known skill level.
- I understand that horseplay, running in non-designated areas, using equipment without the proper knowledge or skill level can result in injury.
- I certify that the participant will not attempt new or high-level skills without prior mastery or instructor clearance.

6. Right to Suspend or Dismiss

Edge Athletics, LLC staff and instructors reserve the absolute right to suspend, remove, or permanently dismiss any participant who, in their sole discretion, behaves in a dangerous, reckless, or inappropriate manner. No refunds will be issued if a participant is asked to leave for safety violations.

7. High-Performance (HP) Trampoline Safety & Risk Addendum

The facility contains high-performance trampolines designed for advanced maneuvers. These beds generate significantly more vertical and horizontal force than standard equipment.

- Skill Prerequisite: Use of HP trampolines is restricted to participants who have demonstrated mastery of basic air awareness. Beginners are strictly prohibited from using these beds for advanced flipping or twisting.
- Safe Landing Zone: Participants must attempt to land in the center of the bed. Landing on or near the frame, springs, or pads—even with safety padding—can result in catastrophic injury.
- No "Sending It": Attempting maneuvers beyond one's current proven skill level (e.g., multiple flips or twists) without a designated spotter or prior coach approval is forbidden.
- Single Occupancy: Only one person is permitted on the HP trampoline at any time. No exceptions.

8. Signature

I have read this document in its entirety and understand that I am giving up substantial legal rights by signing it.

Participant Signature (if 18+): _____ Date: _____

Parent/Guardian Signature (if under 18): _____ Date: _____